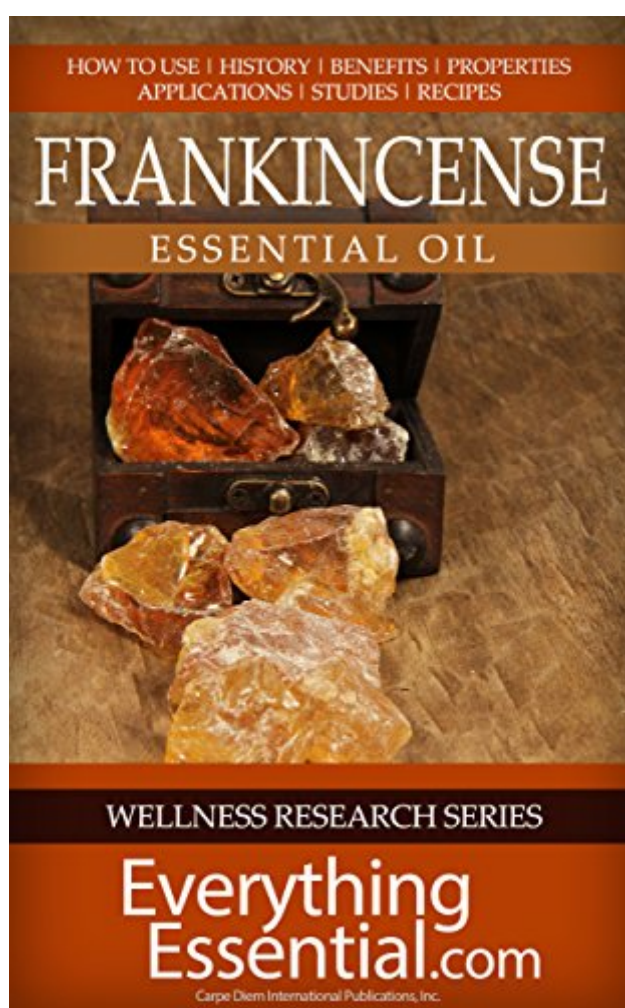


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# Frankincense Essential Oil: Uses, Studies, Benefits, Applications & Recipes (Wellness Research Series Book 1)



## Synopsis

Frankincense has been highly valued since before the time of Christ. It has been used as currency and the essential oil has been referred to as "Liquid Gold" for good reason. Learn how to use Frankincense, its benefits, applications and the studies that support them. Main Properties of Frankincense Essential Oil: Carminative, Cicatrisant, Diuretic, Sedative, Uterine, Vulnerary, Antioxidant, Antiseptic, Astringent, Antidepressant, Antifungal, Anti-inflammatory, Emmenagogue, Expectorant & Digestive. Common Medicinal Uses Including: Oral Hygiene, Respiratory Issues, Tonic, Skin Issues Combating the Common Cold and Safety Precautions. You'll learn how Frankincense has been used to support the body in addressing Alzheimer's Disease, Aneurysm, Anxiety, Arthritis, Asthma, Bee Stings, Breathing, Cancer, Clear Skin, Coma, Concussion, Confusion, Coughs, Cuts & Sores, Depression, Fibroids, Genital Warts, Hepatitis, Immune Stimulant, Infected Wounds, Inflammation, Joint & Back Pain, Liver Cirrhosis, Lou Gehrig's Disease, Memory, Mental Balance, Mental Fatigue, Miscarriage (Post), Moles, MRSA, Multiple Sclerosis, Nasal Polyp, Nerve Virus, Parkinson's Disease, Plague, Postpartum Depression, Scarring Stress, Tumor (Lipoma) Ulcers, Vision, Warts and more... You'll also access a number of recipes including: Acne Paste, Acne Serum, Calming Mood Mist, Calming Rub, Chest Congestion, Cleansing Facial Compress Face Cream Immune Booster, Meditative Diffusing Blend, Moisturizer for Normal Skin and Tension Headache relief. Kindle buyers will receive access to a bonus free video webinar explaining the use of essential oils in emergency preparedness and daily life. (See inside cover for details after purchase)

## Book Information

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## Customer Reviews

In recent years I have become obsessed with the scent of the essential Oil, Frankincense and after reading this sweet little book, I now know why! The book talks strictly about Frankincense, its history, the making of it, and its use as an outstanding essential oil... It is truly an amazing essential oil and really does smell Divine... I often wondered why it was given to Jesus by the three Wise Men at the time of his birth... I now know why. This book was valuable in explaining its use and its importance to humanity... It is truly the GoTo essential oil of the times... and from what I have read in the book, of all time... Get the book if you Love Frankincense, it is worth it! Blessings, JAY

An in depth study of Frankincense and its application. I love the fact that this book includes appropriate uses by condition, dilution ratios and methods of application. Also included are recipes for blends to treat by condition. A wealth of information and easy to understand. Very useful.

I am discovering more and more about the powerful uses of Frankincense and other essential oils. This is a must read for anyone that cares for their health and would like to avoid BIG pharma and man made chemicals.

Fairly thorough look at frankincense, it's history, attributes, chemical make up, applications and some documentation and studies. The studies have links to websites and he defines the terminology used. One thing that I wish he had included was after mentioning that there were four species of Boswellia he only gives one. I would like his evaluation of the differences between the four.

There is a great deal of information in this book. I recommend it to anyone interested in other ways of healing various illnesses; healing practices and medicines, been used by other civilizations; in other lands; for centuries.

I think this book has some great basic needs recipes that could help with remedies for around the

house. Also is insightful on many uses this kind of Essential Oils has. Great for learning about Frankincense Essential Oils.

This book is chock full of information of how frankincense oils can be used to treat conditions. It is the wonder drug that pharmaceutical companies wish they could replicate. I found it very informative and helpful.

Appreciated the background information on Frankincense. I use Frankincense and Cypress essential oils for tremors and anxiety -- they are wonderful. Just need a couple of drops rubbed down the spine and in the morning a couple drops on big toes and soles of feet.. Really works!!

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